**IBRAHIM AKMESE, LPC (OH), CT, Trained EMDR Therapist, Ph.D. Candidate**

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| E: [ia345219@ohio.edu](mailto:ia345219@ohio.edu)  [ibrahimmakmese@gmail.com](mailto:ibrahimmakmese@gmail.com)  Personal Website: <https://www.ibrahimakmese.com/>  Linkedin: <https://www.linkedin.com/in/akmese-ibrahim/>  Certified Thanatologist (CT), by ADEC  License Number: C.2103626 (OH, verify [here](https://elicense.ohio.gov/oh_verifylicensedetails?pid=a0Rt0000003AFB0EAO))  ORCID: <https://orcid.org/0009-0008-3460-0975>  Web of Science: https://www.webofscience.com/wos/author/record/32432939 |  |

**EDUCATION**

**Ph.D.** Ohio University August 2021-Present

CACREP-accredited

Counselor Education and Supervision

(Defending at the end of Feb or early March)

*Topic: Grief Competency of Licensed Professional and School Counselors*

Advisor: Tamarine Foreman, PhD, LPCC-S

**M.Ed.** Ohio University May 2021

CACREP-accredited

Major: Counselor Education

Specialty: Clinical Mental Health and Rehabilitation Counseling

Advisor: Christine Suniti Bhat, PhD, LPC, LSC, President of ACA

**BA** Adiyaman University, Adiyaman, Turkey June 2017

Major: Educational Sciences

Minor: Psychological Counseling and Guidance

**CERTIFICATIONS**

**Clinical Certifications**

*In addition to continuing education to maintain my state licensure, I have received the certifications and credentials below to enhance my skills and serve my clients with the most recent evidence-based approaches.*

* Certified in Thanatology: Death, Dying, and Bereavement

by the Association for Death Education and Counseling (ADEC, expires on 12/31/2026).

* EMDR-Trained Therapist

From the Institute for Creative Mindfulness

**Leadership Certifications**

* Leadership Certificate Program

By Ohio Counseling Association (OCA, 2024)

**PROFESSIONAL EXPERIENCES**

# Teaching

Throughout my doctoral journey, I had an opportunity to co-teach at my institution with all faculty members (Ohio University) and teach at different universities as an adjunct faculty. I have had roles in developing courses, teaching, and conducting student learning assessment tools/procedures under the supervision of senior faculty members. These experiences took place in synchronous, asynchronous, and in-person settings.

Adjunct Faculty – Marshall University January 2024-present

COUN-555 Crisis Intervention

COUN-556 Death and Grief Counseling

Adjunct Faculty – Capital University January 2024-May 2024

EDUC-594 Clinical Mental Health Counseling Practicum

# Co-teaching

EDCE 7246 Counseling Children and Adolescents Fall 2023

Supervised by Christine Suniti Bhat, Ph.D.

EDCE 7555 Theory & Practice of Counseling and Psychotherapy Spring 2023

Supervised by Kristin Chamberlain, Ph.D. and Yegan Pillay, Ph.D.

EDCE 6310 Appraisal I Fall 2022

Supervised by Bilal Urkmez, Ph.D.

EDCE 6620 Diagnosis & Treatment Planning, Spring 2022Spring 2022

Supervised by Tamarine Foreman, Ph.D.

EDCE 6915 Counseling Internship Fall 2021

Supervised by Connie Patterson, Ph.D.

# Clinical

*I have been actively practicing counseling since my master’s degree. I completed a total of 100 practicum and 600 internship clinical hours as required by the master’s program. Based on these requirements and the national counseling examination, I received my state licensure in August 2021. I have also provided over 2,800 hours of clinical work under my initial state licensure and will be eligible to receive my independent licensure when I reach a total of 3000 hours, which is expected to be completed in February 2025. I have received over 360 hours of clinical supervision during my clinical practice.*

*I am a trained EMDR therapist. In my clinical work, I worked with young adults presenting anxiety, depression, grief and loss, trauma, developmental trauma, obsessive-compulsive disorder, family distress, suicidal ideation and attempt, and non-suicidal ideation and harm.*

Clinical Counselor Graduate Assistant, LPC August 2021-Present

*Counseling and Psychological Services (CPS), Ohio University*

Counselor in Residence August 2023- Present

*Housing and Residence Life, Ohio University*

Professional Counselor, LPC September 2022-January 2023

*Refuge Counseling LLC, Ashland, OH*

Clinical Mental Health Counseling Trainee January 2020-April 2021

*Counseling and Psychological Services (CPS), Ohio University*

# Advocacy and Leadership

# As part of my counseling professional identity, I embrace servant leadership. The leadership roles I have held represent my leadership philosophy and actions.

Counseling Academic & Professional Honor Society International 2023-Present

Chi Sigma Iota (CSI)

Excellence in Counseling Research Grants Committee

Award Committee and Review Panel

American College Counseling Association (ACCA) 2023-2024

**Supervision/Clinical Training Committee**

President of the Alpha Chapter of Chi Sigma Iota 2022-2023

Under the Leadership Supervision of Dr. Christine Suniti Bhat

Vice President of OU Mindfulness-Based Living 2022-2023

# Research

# March 2024-Present

*I have not only published academic articles in top journals but also presented at many international conferences on bereavement, suicide loss, mental health concerns of international students, refugees, immigrants, and internally displaced individuals, and clinical supervision. I also work with two different Teams as a mental health professional and research consultant.*

***Georgia State University***

Employed to provide professional writing services as a part of a research team. My role included but was not limited to statistical analysis, academic manuscript writing, and providing professional insight related to the loss experiences of immigrants, refugees, asylum seekers, and internally displaced individuals.

Supervised by Dr. Laura Shannonhouse.

*Two Manuscripts in-progress:*

**Akmese. I.,** Shannonhouse, L., Merchant, M., Hall, M.E.L., Park, C., McMartin, J., Silverman, E., Kapic, K., & Aten, J. (in progress). *Ambiguous loss of homeland and psychological outcomes in forcibly displaced persons*.

Shannonhouse, L., & **Akmese, I.** (in progress). *Role of religious coping in displaced individuals.*

**PROFESSIONAL PRESENTATIONS: NATIONAL AND INTERNATIONAL**

Kalkan, B., & **Akmese, I.** (March 15, 2024). *A deep dive into Turkish Asylum Seekers’ Experiences and Challenges in the United States*. The 2024 Bridge the Gap Symposium, National Board for Certified Counselors Foundation (NBCCF). Washington DC, the USA.

Bradley, K., & **Akmese, I.** (October 2023). *Making sense out of the senseless: Finding meaning after traumatic loss.* All Ohio Counselors Conference (AOCC), Columbus, OH, the USA.

**Akmese, I.** (April 2023). *Hope has never been so painful: Ambiguous loss experiences of refugees.* Education session presentation, Association for Death Education and Counseling (ADEC) 44th Annual Conference, Columbus, OH, the USA.

**Akmese, I.** (March 2023). *Reflection of three years in supervision as an international practicum and internship student and professional counselor.* Education session presentation, 2023 ACCA Conference, Savannah, GA, the USA.

**Akmese, I.** (August 2022). *A road map for clinicians working with suicide loss survivors,* Education session presentation, Light After Loss Postvention Convention, Kent State University, OH, the USA.

**Akmese, I.** (March 2022). S*upporting mourning international college students during COVID-19: Research, counseling, and social support.* Education session presentation, Alpha Chapter of Chi Sigma Iota (CSI) Conference, Athens, OH, the USA.

Aksöz-Efe, I., & **Akmese, I.** (2018). *Relations among college students' negative life events, perceived stress levels, and ruminative responses*. Research report, 2**7th** International Conference of Educational Science, Antalya, Turkey.

**Akmese, I.**, & Yetiskin, M. (2017). *Investigation of forgiveness and help tendency among guidance and psychological counseling students and economics students*. Unpublished manuscript report, **14th** Conference of Students of Psychological Counseling and Guidance, Antalya, Turkey.

Sizor, M., Sizor M., & **Akmese, I.** (2016). An *investigation of future counselors' perception and attitudes toward gender roles in Türkiye.* Unpublished research report,13**th** Psychological Counseling and Guidance student Conference, Muğla Turkey.

**PUBLICATIONS**

**Akmese, I.** & Foreman, T. (in press). Grieving far away from home: International bereaved graduate students’ grief experiences. *Mortality.*

**Akmese, I.** & Foreman, T., & Brooks, G. (2024). Bereavement during and not during the pandemic in terms of complicated grief and social support. *OMEGA-Journal of Death and Dying, 0,*0, 1-17. <https://doi.org/10.1177/00302228241240944>

Bradley, K., **Akmese, I.,** & Chamberlain, K. (2024). Meaning reconstruction after suicide loss. *Illness, Crisis, & Loss, 0*(0), 1-11. <https://doi.org/10.1177/10541373241232205>

**PUBLICATIONS-IN-PROGRESS**

**Akmese, I.** (in progress). *How to supervise future grief counselors: The first supervision model of grief counseling*.

**Akmese, I.** (in progress). *Risk factors of complicated grief.* Manuscript in preparation.

**Akmese. I.,** Shannonhouse, L., Merchant, M., Hall, M.E.L., Park, C., McMartin, J., Silverman, E., Kapic, K., & Aten, J. (in progress). *Mediation role of religious and spiritual coping between ambiguous loss of homeland and psychological outcomes in forcibly displaced persons.*

Bradley, K., Pillay, Y., & **Akmese I**. (2024). Creating meaning after suicide loss: Integrating spiritual interventions in counseling. Manuscript submitted for publication.

Kalkan, B., & **Akmese, I.** (2024). Counseling services for civilian survivors and refugees of war [Accepted for Special Issue]. *Journal of Humanistic Counseling.*

**UNPUBLISHED MANUSCRIPTS**

**Akmese, I**. (2022). *College students’ grief experiences in COVID-19 era: International and domestic students.* Unpublished conceptual manuscript.

**HONORS AND AWARDS**

* Outstanding Graduate Student Leadership Award by the Association for Counselor Education and Supervision (ACES, October 2024).
* North Central Association for Counselor Education and Supervision (NCACES) Research Grand Recipient (2024)
* Exemplary Research Award (Alpha Chapter of Chi Sigma Iota, 2024)
* Donald A. Green Award, Patton College of Education, Ohio University (2023)
* Chi Sigma Iota (CSI) Leadership Fellow Award (2023-2024)
* ACCA Emerging Leader Grant Recipient (2022-2023)
* Graduate Study and Educational Research Fund Award by the Patton College of Education Research and Graduate Studies Committee (2022-2023)
* Outstanding First-year Doctoral Student (Alpha Chapter of Chi Sigma Iota, 2022)
* Charles J. Ping International Leadership Award-Graduate Recipient (2022).
* Outstanding Undergraduate Student Researcher, Turkish Psychological Counseling and Guidance Association, Muğla, Turkey. (2016)
* Study Abroad Programby Ministry of Education, Turkey, Highly Selective National Scholarship for Turkish Students to Study Abroad (fully funded master’s and doctoral study in the USA, including tuition, stipend, and faculty position after graduation).

**GUEST SPEAKER BY INVITATION**

**Akmese, I.** (November 2024). Ethics in educational research. Ordu University, Ordu, Türkiye.

**Akmese, I.** (April 2024). *The role of counselors working with immigrants, refugees, asylum seekers, and forcibly displaced individuals.* John Carroll University, Cleveland, OH, USA.

**Akmese, I.** (March 2024). *Publication process for doctoral students.* Department of Counseling and Higher Education, Ohio University.

**Akmese, I.** (December 2023). *Studying abroad: Comparison of counseling programs in Türkiye and the United States*. Yozgat Bozok University, Yozgat, Türkiye.

**Akmese, I.** (2023). *What graduate students should expect from their journey?* The Gladys W. and David H. Patton College of Education, Ohio University, Athens, Ohio, USA.

**TRAINING PROVIDED**

* Akmese, I. (March 2024). *Grief Counseling Supervision*. American College Counseling Association (ACCA).
* Addressing Grief and Loss in School Settings
* *To Whom*: School Counselors and members of the Counseling Research Center in Ödemiş, İzmir, Türkiye.
* *Duration*: Two modules. A total of 5 hours.
* *Attendance*: 47

**PEER REVIEWER**

* Psychological Trauma: Theory, Research, Practice, and Policy by American Psychological Association (APA) (Q1, 5.6 Impact Factor)
* Mortality (Q1), Taylor & Francis Group
* OMEGA-Journal of Death and Dying (Q2), SAGE

**FUNDINGS**

* North Central Association for Counselor Education and Supervision (NCACES) Research Grand Recipient (500$)

Lyngdoh, A. C., & Akmese, I. (2024). Exploring the Development of Professional Counselor Identity among International Students.

* Graduate Study and Educational Research Fund by the Patton College of Education Research and Graduate Studies Committee ($300), 2022-2023

**Akmese, I.** & Foreman, T., & Brooks, G. (2024). Bereavement during and not during the pandemic in terms of complicated grief and social support. *OMEGA-Journal of Death and Dying, 0,*0, 1-17. <https://doi.org/10.1177/00302228241240944>

* American College Counseling Association (ACCA): Emerging Leader Grant ($810), March 2023
* Ohio University Graduate College Travel Fund ($750+$750), April 2023 & October 2023.
* Chi Sigma Iota (CSI) International Honor Society, Leadership Fellow Fund ($700), 2023-2024

**PROFESSIONAL AFFILIATIONS**

* + American Counseling Association (2021-Present)
  + American College Counseling Association (2022-Present)
  + Association for Death Education and Counseling (October 2022-present)
  + Association for Counselor Education and Supervision (January 2022-Present)
  + Counseling Academic & Professional Honor Society International (Chi Sigma Iota/CSI) (2020-Present)
  + North Central Association for Counselor Education and Supervision (January 2022-Present)
  + Ohio Counseling Association (2021-Present)
  + Southeast Ohio Counseling Association, (January 2022-Present)

**MENTORS**

Christine Suniti Bhat, Ph.D., LPC, LSC, ACA President-Elect, Ohio University

Laura Rosemary Shannonhouse, Ph.D, University of Florida

Yegan Pillay, Ph.D., LPCC-S, Ohio University